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Oak View man pens book, plans Sacred Space lecture

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An Oak View author's new book, due to be released in September, offers a system for readers to achieve peace, happiness and self-realization by exploring questions of human existence.

"The Soul Solution: Enlightening Meditations for Resolving Life's Problems," by author, counselor and spiritual teacher Jonathan Parker, Ph.D., brings together years of experience and thousands of counseling sessions into printed form.

"My background is in psychology," Parker said. "In the past 35 years, I've

done more than 30,000 sessions with people, and when you do this kind of thing that many times, you start to figure out how things work and what to look for. My experience has enabled me to tune into people and I've developed an intuitive ability to get into the inner workings of the mind."

The vast majority of Parker's session work is conducted over the phone, though he does make himself available in person to his clients, either in private sessions or in a group setting. On Sept. 17, Parker will give a lecture and provide a guided meditation at Sacred Space Studio

in Ojai.

At age 66 Parker has sold more than 10 million audio programs that he says have helped millions of listeners to realize their true potential. In the mid-1980s, Parker moved to the Ojai Valley. He started Gateway Research Institute and sold audio-cassette programs of his positive affirmation and guided meditation sessions through late-night infomercials. At its height, Gateway employed about 150 people, he said. Since then the business has shifted to MP3 downloads and is a more streamlined operation run

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Book:

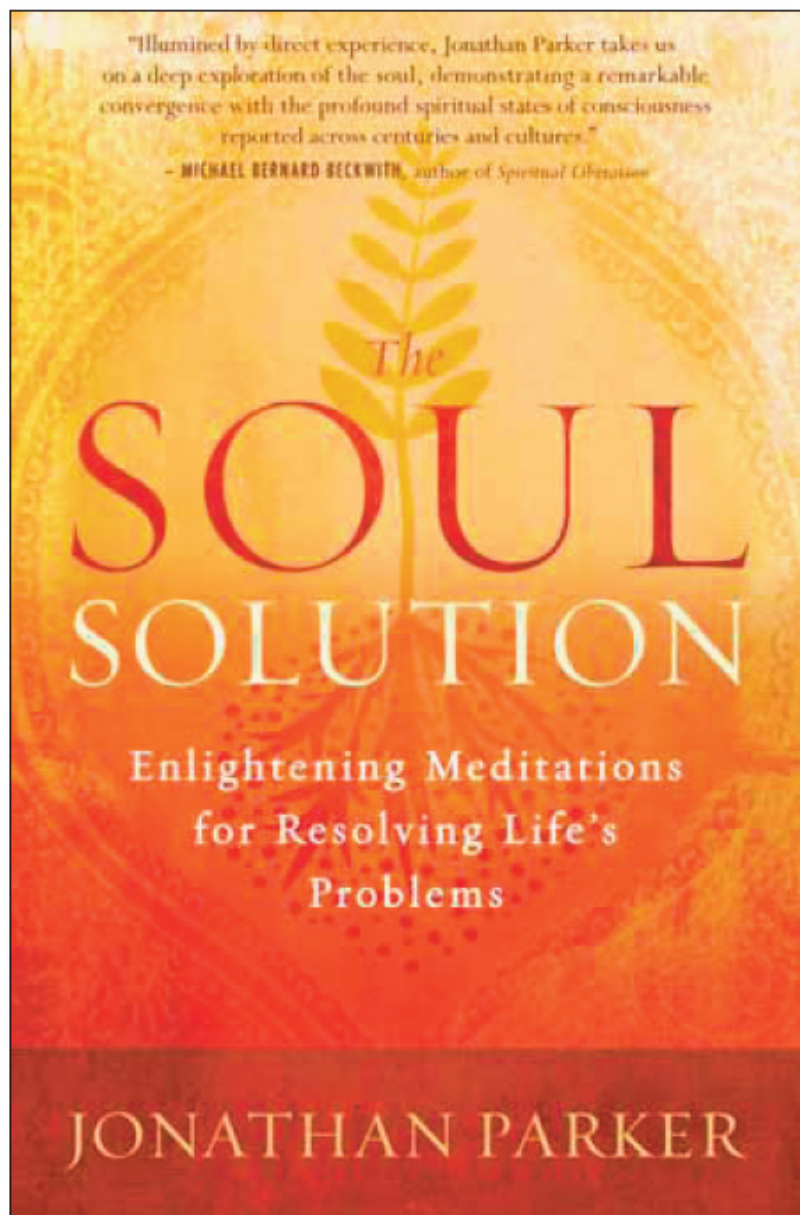
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by Parker and his wife through his website, jonathanparker.org.

"What I'm calling the 'Soul Solution' is the means to connect with the inner light within a person," Parker said. "Some call it the higher self, the divine self or authentic true self. What I find is that it has a pure balanced radiance with all the qualities that we admire in the luminaries and saints throughout history. When you make the connection with the soul, you move into a sense of synchronicity. Things go your way naturally and you experience universal harmony as life takes on the quality of a fluid dance. There's not so much struggle and suffering."

Delivering content for many years in audio format and through meditation retreats, people began asking Parker when he was going to write a book.

"I put it off for years," he said. "But then during a retreat something hit me while I was reflecting on the process and I thought, 'I need to write this stuff down.' So I locked myself in my room, gathered the information and put this



book together and it seems to be working for the people who have read it."

When Parker conducted a lecture and group session at Sacred Space in January, the event sold out in less than a week. And although the event lasted just a few

hours people flew cross-country and others drove for hours to attend.

Registration for the Sept. 17 event is open. Register online at jonathanparker.org or call (630) 306-3435 for more information.